

A graphic for a PSA titled "CALLTIME: MENTAL HEALTH". The background is dark with a blurred image of a person's face. The text "CALLTIME: MENTAL HEALTH" is at the top in a small, light font. Below it, the main message "No calltime has ever been more important." is written in a large, white, sans-serif font.

CALLTIME: MENTAL HEALTH

No calltime has ever been more important.

We envision a future where motion picture industry workers come together as a Community of Care to help those with mental illness and substance abuse issues; a culture where everyone feels safe at work; and supported and empowered to ask for and offer help; where union staff and department managers and supervisors have access to training and resources to adequately address issues as they arise; and where impairment at work is seen as an occupational health and safety issue and is neither accepted nor condoned.

The Calltime Mental Health Society via our website www.calltimementalhealth.com continues our goal to destigmatize, offer assistance and hope. The website quickly redirects our members and others to needed resources. The PSA shot with a volunteer union crew continues to be widely shared and additional media content is under consideration. Like all, our activities have been disrupted by Covid 19. This has not impeded additional resources being added to the blog (<https://www.calltimementalhealth.com/blog>).

In 2020, Pre Covid-19, March 5-7th, we had a booth at the Actsafe Safety conference where we held two seminars on Mental Health. At the virtual 2021 conference we participated in another two seminars. Our materials regarding Mental Health resources are now included in the Actsafe materials. Actsafe themselves had *Mental Health* as their theme in 2020, with "*Mind Your Health: Mental Health Awareness*" highlighted during their annual safety week (Sept 21st-25th). Additional modules were added to our website earlier this year under our the "*Learning Centre*" called "*Winning at Mental Health*". 4 modules for Leaders (<https://www.calltimementalhealth.com/mental-health-winning-for-leaders>) and 3 for Individuals (<https://www.calltimementalhealth.com/mental-health-winning-for-individuals>). ***If you haven't checked them out recently have a look!!*** Being relevant and maintaining focus on our mission continually guide our actions.

Last year in 2020, we held our initial AGM on September 10th, this year we held our second AGM on June 3rd. We continue to add content and expand what we have freely on offer with much of the administrative structure and support provided through Family Services of Greater Vancouver on a contract basis (Mel Ifada). Our collaboration with Gregg Taylor and his team at Family Services of Greater Vancouver as our subject matter experts continues. We look forward to continuing to address mental health and addiction issues while changing lives, attitudes and a providing a safety net to our brothers and sisters. Earlier this year we added Steven Hall to address communications and we are looking for expanded support from others in the motion picture industry. We are transitioning from our initial web site to a new look which we expect to be in place shortly, to add capabilities the initial design lacked.

The significant amounts of volunteer labour from the various unions and their staff are widespread which we are incredibly grateful for. Initial training modules, tip sheets and other related materials developed over the last year are freely accessible on the website. ***Check them out!!***

Thank you for the ongoing support.

Jeff Holloway: Treasurer

On behalf of the *Calltime Mental Health Society*

Cc: Lorrie Ward